



Required Items for Meets

- 2 Sets of Backstroke Flags (located 5 yards or meters from each wall)
- 1 Recall Rope (recommended, not required)
- 3 Rule Books – Current League and U.S. Swimming & Diving (Put on Table)
- 1 Diving Board meeting current USS Specifications
- 3 Sets of Diving Judges Flip Cards
- 3 Chairs for Diving Judges
- 1 Table and sufficient chairs for scorers
- 1 Public Address System in working order
- 1 Diving score book and sharp pencils
- 1 Diving calculator
- 1 Starter's Pistol with ammunition
- 2 chairs for place judges
- Timers Sheets
- Scoring Sheets
- 10 Stopwatches (Away Team must provide 9)